



## Eagle Point Women's Club

### Culinary Arts Interest Group

The Culinary Arts special interest group will explore the many facets of food, world cuisines and the culinary arts. Whether it is exploration of an international cuisine, a biographical study of a famous chef, how to create the perfect loaf of bread, or sharpening your knife skills, each culinary arts event will be an opportunity for all of us to create, inspire and learn.

This is only the beginning...the possibilities are limitless. Field trips to the growers market, visits to a restaurant kitchen to see a chef in action, wandering through rows of Oregon-grown produce, or listening to a discussion on sustainable agriculture are all within the realm of our culinary exploration.

The world of food and the culinary arts is about sharing. We hope that you will join us in this exploration and share with us a facet of the culinary world that intrigues you.

To insure we have many different types of Food Exploration events *and* to facilitate their organization, we have divided them into two categories:

1. **Food Exploration: Research Event** – this is researching a particular topic and may or may not include serving of food at the event.
2. **Food Exploration: Demonstration and/or Hands-On** – this involves demonstration by the event host or a guest and possibly a hands-on workshop in which attendees participate. Food will be served.

Guidelines and worksheets for both types of events are included in this packet. Remember, **no perfume at events!**

*Which type of event you do is entirely up to you. Now go forth and explore!*